



# 15 Uses for Walking Without Pulling



1. Walking without pulling to keep dog from dislocating your shoulder!
2. Walking without pulling prevents your dog from pulling you into the street or other dangerous situations.
3. Walking without pulling keeps your dog from pulling you toward other dogs or people you encounter.
4. Walking without pulling stops dogs from investigating dangerous things or rolling in stinky ones!
5. Walking without pulling allows you to decide when to stop for sniffing breaks and when to keep walking.
6. Walking without pulling is healthier for your dog because you're more likely to want to walk him.
7. Walking without pulling prevents your dog from choking on a collar or rubbing against a harness.
8. Walking without pulling reduces stress on your dog's spine.
9. Walking without pulling means you're walking together—in partnership.
10. Walking without pulling allows parents to push a baby stroller and walk the dog at the same time.
11. Walking without pulling allows a physically smaller/weaker person to safely walk a dog.
12. Walking without pulling helps your dog transmit a calmer message to other dogs that you encounter while on walks.
13. Walking without pulling helps you control your dog's access to rewards while on the walk.
14. Walking without pulling doesn't send anxiety signals down the leash to your anxious dog if you see something that makes him reactive.
15. Walking without pulling allows you to walk your dog on a crowded street.